

EVENING ADDITIONS after 5pm daily.

RIBS PB&E STYLE

Ribs glazed in Marionberry BBQ sauce, with peanut sauce for dipping, baked sweet potato sticks & seasonal veggies... Full Rack \$16.95 ♥ Half Rack \$12.95

FLAT-IRON STEAK

Local, natural beef, baby red potatoes & salad with ranch dressing.
Full (10 oz.) \$15.95 ♥ JR (5 oz) \$11.95

RANCH HAND QUESADILLA

Local, natural steak, caramelized onion & blue cheese grilled in a whole wheat tortilla and served with an iceberg wedge salad... Full \$15.45 ♥ JR \$11.25

SUNSHINE CHICKEN

Tender chicken breast with grilled peppers and delightfully melted cheese. Accompanied by baby red potatoes & seasonal veggies... Full \$14.95 ♥ Jr. \$9.95

FABULOUS FAJITAS

A hearty platter with beans, rice, grilled pepper, onions & with 3 protein choices
Full \$12.95 ♥ JR. \$8.95. Double 'DA'... Select 2 proteins for Full Size \$15.95

CHICKEN TERRIFIC TOFU SIZZLING STEAK

BREAKFAST ALL DAY

CINNAMON FRENCH TOAST: Served with applesauce... Full \$6.95 ♥ JR \$4.25

NEW!! HENNY PENNY PANCAKES: served with syrup & fruit Full \$7.95 ♥ JR \$4.

NEW!! JOHNNY CAKES: Corncakes with banana & syrup.... Full \$7.95 ♥ JR \$4.75

EGGCELLENT BREAKFAST: Eggs, potatoes, toast & protein... Full \$7.50 ♥ JR \$4.95

FILL'ER UP BREAKFAST: 3 eggs, potatoes, bacon & ham plus 2 slices of toast! \$8.95

BREAKFAST BURRITO: Egg, cheese & bean tortilla w potatoes. Full \$7.50 ♥ JR \$4.95

SCRAMBLES: Eggs & add'ins with breakfast potatoes on the side... Full Size Only \$8.95

TOFU, DENVER or BUILD IT (pricing varies)

SIDE DISHES 2 slices of toast...\$1.50, A side of ham, veggie sausage or bacon...\$3.95

ASK ABOUT OUR MONTHLY SPECIALS

PBECAFE.COM JOIN OUR MAILING LIST - LIST@PBECAFE.COM

Our drinks include Milks, Apple & Orange Juice, Natural Cola, Diet Cola, Root Beer & Lemon Lime. IZZE's Clementine & Blackberry, Lemonade, Iced Tea, Coffee & Espresso Drinks, Sorry but our beer & wine is not available to go.

Desserts include cookies, brownies, rice crispies and ice cream! Ask for details!

THE LITTLEST LION BABY & TODDLER MENU

A. SMASHED BANANA, APPLESAUCE, RICE, or SQUISHY CARROTS. \$1.

B. CHEESE SHAPES, NAKED NOODLES (WHEAT WITH BUTTER), TURKEY BITS, YOGURT, CUP O BEANS, CUP O TOFU CHUNKS, or POTATO "FRIES" MEDLEY...\$2

TODDLER TRIO: 1 item from list B, 2 from list A...\$3,
2 from list B, 1 from list A...\$3.95



P.B. & Ellie's TO GO

4405 SW Vermont St. Portland, 97219.

CALL 503.282.1783, café info at pbcafe.com

APPETIZERS & SNACKS



EDIBLE CHECKERS CHEESE & FRUIT PLATTER

Two different cheese shapes for checkers, with crackers & seasonal fruit...\$5.25

NATHAN'S ORCHARD QUESADILLA

A combo of onions, apples, cheese, chicken & our mild peanut sauce...\$6.95

BEAN DIPS HIP

Warm black bean dip with salsa, sour cream, & blue corn tortilla chips...\$5.65

NACHO MAMA

Chips, beans, melted cheese, sour cream, salsa & guac. \$7.25 ♥ W.chicken.. \$8.95

TWIGS IN A POND HUMMUS PLATTER

Our house-made hummus platter includes veggie sticks & crackers...\$4.65

POP'S CORNY CARDS

A bag of popcorn with salt or cheddar topping, accompanied by a deck of mini playing cards... \$2.25. (Cards alone... 75¢, Popcorn alone... \$1.50)

PEANUT BUTTER PLAYDOUGH

Take a kit home, with logo rolling pin, recipe & shape cutters. ...\$6.00

SOUP & SALADS



Our Daily Soups & Farmer's Pail Salads are served with hearty bread.

FRUITIE PATOOTIE

Seasonal fruit... Cup \$3.25 ♥ Plate \$6.95

HAPPY HOUSE SALAD

Mixed green goodness with our house poppyseed dressing... \$3.25

OREGONIAN SALAD

Mixed greens, hazelnuts, blue cheese, seasonal fruit & house poppyseed dressing.
Full.... \$8.50 ♥ JR \$6.50 With chicken... Full \$9.95 ♥ JR \$7.50

SOUTHWEST SALAD

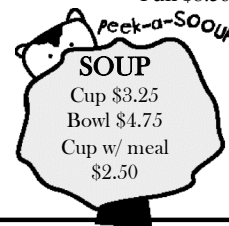
Greens with beans, cheese, olives, homemade salsa & our lime cilantro dressing.
Full \$8.50 ♥ JR \$6.50. With chicken... Full \$9.95 ♥ JR \$7.50

BOB'S COBB SALAD

Turkey, bacon, egg, tomato, & blue cheese on a bed of greens with buttermilk dressing. Full \$9.95 ♥ JR \$7.50

SCOOP-DE-DOOP SALAD

Our famous tuna or chicken salad nestled in greens, with tomatoes & poppyseed dressing. Full \$8.50 ♥ JR \$6.50



WRAPS with LOVE



Wrapped in our whole wheat tortillas. Unless otherwise noted, full size comes with blue corn chips & carrot sticks. JR size meals come with applesauce & carrot sticks.

BURRITO BUS

Beans, rice & cheese. Full has grilled peppers & onions inside... Full \$8.95 ♥ JR \$5.45. Add Chicken Full \$10.45 ♥ JR \$5.95

TICK TOCK TAQUITOS ROCK

Yari's corn tortilla & chicken taquitos. Both sizes come with sides of beans & rice. Full \$8.95 ♥ JR \$5.45

CHICKABILLY SHORTSHANKS WRAP

Our delectable cranberry chicken salad & greens ... Full \$8.25 ♥ JR \$5.75

THE HUMMDINGER WRAP

House Hummus, lettuce, peppers & tomatoes Full \$7.75 ♥ JR \$5.25

SPICY THAI-RIFFIC WRAP

Chicken or Tofu with peppers, carrot, lettuce, tomatoes & spicy peanut sauce. Full \$8.95 ♥ JR \$5.45



BEEF, CHICKEN & VEGGIE BURGERS

Choose a local, natural BEEF, CHICKEN or house-made VEGGIE patty in any of these burgers. Both sizes come with baked sweet potato sticks on the side

ORIGINAL BURGER

A juicy beef, tender chicken or house veggie patty with cheese, lettuce, onion & tomato. Full \$7.95 ♥ JR \$5.25

ELLIE'S NUT-TASTIC

Your choice of patty with a sinfully good combination of peanut sauce, bacon & cheese. Full \$8.75 ♥ JR \$5.95

SOUTHWESTERN

Lettuce, cheddar cheese, salsa & guacamole. Yum! Full \$8.25 ♥ JR \$5.65

COWPOKE BLUES

With tangy BBQ sauce & blue cheese crumbles. Full \$8.75 ♥ JR \$5.95

MONSTER BURGER add a second patty to any full size for \$2.00

BACON BURGER add bacon for an additional... Full \$1.50 ♥ JR 75c

PASS the PASTA



We use wheat pasta for these tasty meals. JR. sizes come with carrots & applesauce. Full size comes with green salad & bread.

SIMPLE S'GHETTI

Spaghetti noodles in marinara. Full \$9.25 ♥ JR \$4.95 NATURAL BEEF MARINARA... Full \$10.95 ♥ JR 5.95

PESTO PASTA

Great green goodness Full \$ 9.25 ♥ JR \$4.95 Add CHICKEN ... Full \$10.95 ♥ JR 5.95

MISS MARY MACK & CHEESE

Our top selling recipe uses real Tillamook cheese. \$ 9.75 ♥ JR \$5.25

CHEESE RAVIOLI

Semolina noodles, delicious cheeses in tomato sauce. \$ 9.75 ♥ JR \$5.25

SPICY THAI-RIFFIC PASTA BOWL

Chicken or Tofu with peppers, carrots & spicy peanut sauce... Full \$9.95 ♥ JR \$5.50

SANDWICHES

Full size comes with tortilla chips & carrot sticks. Jr. Size is a half sandwich with applesauce & carrot sticks..

TUNA MELTDOWN - Cheesy, dolphin-safe & on sourdough. Full \$8.25 ♥ JR \$4.75

MONKEYCRISTO - Ham, turkey & cheese on French toast. Full \$8.50 ♥ JR \$4.95

PAPA'S B.L.T - The Best In Town! On whole wheat... Full \$7.25 ♥ JR \$4.25

TURKEY, TURKEY - With mayo, cheese, tomato & lettuce... Full \$7.95 ♥ JR \$4.50

PESTO TURKEY - Turkey breast with pesto, cheese & onion... Full \$8.50 ♥ JR \$4.95

TOASTY CHEESE - Grilled cheese on whole wheat... Full \$5.95 ♥ JR \$3.95



SIGNATURE PB SANDWICHES



Sandwiches with our extra-special, ground-in-house, nothin-but-organic-peanuts, Peanut Butter come on wheat bread. Full size comes with tortilla chips & carrot sticks. JR size comes in a fun shape with applesauce & carrot sticks.

ELLIE'S PB & JELLY - Uses local marionberry jelly... Full \$6.25 ♥ JR \$4.25

MAX'S PB & BANANA - With sweet honey... Full \$6.25 ♥ JR \$4.25

Aidan's PB, Raisins & ChocoChips - Grilled or cold ... Full \$6.25 ♥ JR \$4.25

P.B. FRENCHIE - Ellie's PB&J on French toast! It's Ellie-tastic!... Full 6.95 ♥ JR 4.50

BUILD IT! - Choose your ingredients below. Starting at... Full \$6.25 ♥ JR \$4.25



CHOICES CHOICES EVERYWHERE

BREADS

Whole Wheat, White, Sourdough, Corn Cake

NUTTY BUTTER CHOICES

House PB, Conventional PB(no additional charge) & almond butter (add \$1)

BUILD YOUR OWN TOPPINGS (some items are seasonal, prices vary)

Almonds, Apple, Bacon, Banana, BBQ Sauce, Berries, Blue Cheese, Brown Sugar, Carrot, Celery, Cheese, Choco Chips, Chocolate sprinkles, Cinnamon, Cranberries (dried), Grapes, Guacamole, Gummy Worms, Hazelnuts, Honey, Jelly, Lettuce, Marshmallow, Peanuts, Pear, Pickles, Popcorn, Raisins, Salsa, Sour Cream, Syrups: Maple or Blueberry, Turkey, Tofu, Tomato, Tortilla Chips..or ?

A RAINBOW OF SIDE DISHES: Substitute our sides for any of the following:

Blue Corn Tortilla Chips, Green Salad (add \$0.50/\$1), Yellow Applesauce, Orange Carrots or Potato Stick Medley (add \$1), Red Tomato Slices (add \$0.25/\$50)

DIETARY NEEDS & CHOICES:

We have wheat free, soy milk, corn cakes & tofu to help meet dietary needs. Ask!

SALAD DRESSINGS:

Ranch, Lime Cilantro, Poppyseed, 1000 Island, or Lowfat Raspberry Vinaigrette